

LOVE
IS THE
ANSWER

Man,
we want you!



„A really touching weekend!
Deep, loving, attentive, caring and
exciting at the same time.
I've learned a lot about myself ...
and I've had lots of fun.“

Participant

LOVE · INTIMACY · SEXUALITY
THE WORKSHOPS

HAI · LEVEL 1
Human Awareness Institut

CONNECTING
IN LOVE

A Weekend for
Men & Women



more information
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21.-23.09. 2018
Seminarhof Schöppingen



... being aware of what it means (to me) to be a man, I keep on growing! Participant

What's in it for me? For me as a man?

Many men have told us that thanks to HAI workshops, they've become much more aware of what it means for them to be a man — especially in all of its positive aspects. Outside the usual man/woman pigeonholes, and without typical competitive behavior between men..

These are some of the topics men may find relevant:

How can I be the man I really want to be — regarding my relationship with myself and women, but also with other men?

How can I change old patterns, especially regarding how I experience, accept, live and enjoy my sexuality?

How can I communicate my own desires more clearly while at the same time being able to better understand the needs of others in order to create a win-win situation for both?

The workshops consist of a wide variety of exercises, e.g. we practice different forms of communication and explore physical contact.

We aim to balance the number of male and female participants, and of couples and singles.

All age groups and sexual orientations are welcome!

The workshop will be led by two facilitators (male and female) from the Human Awareness Institute in California.

All our workshops are completely bilingual — in German and English.

We place great emphasis on the respectful conduct towards each other, and with our large team we will take great care that each participant can feel individually supported and respected at all times.



Workshop location:
www.seminarhof-schoeppingen.de

Date:
21.-23.09. 2018
Start: Friday evening

Cost:
235,- € for the Workshop* add.
114,- € for accommodation
and full board

* You are younger than 30 years of age?
Ask for the **Young HAI Price**
of 99,- € for the Workshop!



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Hand on Heart e.V.

Association for the promotion of encounters in love and tolerance

... is a non profit association which brought the work of **HAI Human Awareness Institute** to Germany for the first time.

In addition to the workshops we offer a variety of events throughout the year, in which participants have the opportunity to deepen their workshop experience.

Please watch our little videos on <http://www.youtube.com/user/liebstduschon/>

Any Questions?

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FOR MORE INFORMATION AND YOUR APPLICATION
please visit our website

www.love-workshop.eu or www.liefde-workshop.nl